# **Brooklyn Senior Chit Chat**

Brooklyn Senior Center 7727 Memphis Ave. Brooklyn, OH 44144 (216) 635-4222 Hours 8:00 a.m. to 4:30 p.m.









<b>Inside This Issue</b>	Page (s)
Highlights	Cover
Coordinators Message	2
Featured Events	3
Recurring Events	4
Advertisements	5/8
Activities Calendars	6/7
Lunch Menus	9
Brooklyn City Council Notes	10
Get Well/In Memory/Misc.	11
Health Event	Back Pg.

# Come in out of the cold for Pizza and a Movie Day

Date: Friday, Feb. 16th

Lunch Time: 11:30 am / Movie to follow

Come and hear about how easy it is to get a FREE Caption Phone -Tim will do a short presentation after our lunch and before the movie starts. Call the center to make your reservation at least 1 week in advance. Movie will be a comedy romance surprise!

# Stay Warm -n- Cozy



# St. Patrick's Day Dance

Thurs. March 15, 2018

Music by: Al Battistelli Come and Celebrate St. Patrick's Day with Good Food and Good Friends!

Tickets: \$12

Lunch Served at 11:30

Dancing Starts at 1:00 pm

Menu: Corned Beef with Cabbage,

Red Skinned Potatoes,

Carrots, Rye Bread,

and Dessert

### **Letter from the Senior Center Director**

Dear Friends,

Happy New Year! I hope everyone had a safe and enjoyable holiday! As we start a new year, classes and programs that were on holiday break resume.

Senior safety is a priority at the Senior Center all year. There are special risks in the cold months – with icy roads and snow covered steps, walks and driveways. We will close the Senior Center if the Brooklyn City Schools are closed. Check the news report and if schools are closed stay safe and off the roads.

If you're not on Ready Notify, please call the Brooklyn Senior Center to register so you'll get alerts about severe weather and road and city building closures. It's a free service to all Brooklyn residents.

Winter storms can range from a moderate snow over a few hours to a blizzard with blinding, wind-driven snow that lasts for several days. To prepare, winterize your vehicle and keep the gas tank full; make sure your furnace and chimney are in good repair; put together a supply kit with at least three days' supply of non-perishable, easy to prepare food and water; keep a seven-day supply of medicines on hand; keep your cell phone charged; and keep warm coats, hats, and gloves ready. Remember Brooklyn Senior Center provides transportation on our warm, clean, safe bus – let us do the driving.

AARP will help prepare tax returns on Mondays and Wednesdays starting February 5th. Call the Senior Center to schedule an appointment after Jan. 3rd. (No walk-ins) See page 3 for details.

Indoor bocce resumes on Jan. 3rd for the women and Jan. 4<sup>th</sup> for the men. We'll be closed Monday, January 15th for Martin Luther King Day and February 19th for Presidents' Day.

We're delighted to again hold the annual **St. Patrick's Day lunch and dance on Thursday, March 15**. If you have a group of 8 you can reserve a table. Tickets will be on sale at the desk for \$12.

Music by Al Battestelli.

If you want a warm, friendly place, fun activities (indoor bocce, bingo, various exercise programs, cards, arts and crafts), drop in. The Brooklyn Senior Center is a wonderful place to come to stay warm and cozy, renew acquaintances, and make new friends. We'd love to see you!

Best Regards,

Karen Fratto









# **Speakers / Featured Events / Programs**

Monday, Jan. 29th from 12:00

UH Parma Hospital Speaker

Julie Wise, clinical dietician with
University Hospital

will speak on dietary guide

lines for Seniors & give info on
options for Healthy Sweets

Thursday, Feb. 8th at 12:00
At the Brooklyn Senior Center
THE STATE OF THE CITY

**ADDRESS** 

By Mayor Gallagher

If interested in lunch AT 11:30
please register for it by Feb. 1st

# **B-I-N-G-O**

Every Tuesday at Noon

All Winter Long—Unless the Brooklyn
Schools are Closed due to weather
Get out and have some fun!

Come early and Warm up with our Soup

Come early and Warm up with our Soup and Sandwich Lunch for only \$3.50 (see pg 9 for menu)

Please consider donating 1 hour a week as a volunteer to deliver Meals on Wheels to our fellow Brooklyn residents in need.

Just one hour a week that will be a very rewarding experience!

### A.A.R.P. INCOME TAX SERVICE

AARP WILL AGAIN be providing FREE
Income Tax Assistance
Mondays and Wednesdays from
February 5th to the April deadline.

Time: 9:00 a.m. —12:00 p.m.

Call the Senior Center after Jan. 3rd to Schedule your Appointment

At: (216) 635-4222

Be sure to bring the following to your appointment:

Last year's tax return

- · Copy of social security cards for all dependants
- · All related tax forms, including social security
- · A photo I.D. for all dependants
- If stocks have been sold, bring in all information regarding

the sale, date of purchase & original cost

No age restriction

AARP membership not required

#### **MEALS ON WHEELS**

The Brooklyn Senior Center has recently changed its Meals on Wheels program. We now work with Senior Citizen Resource in providing Meals on Wheels. Each meal, which is delivered Monday through Friday, consists of an entrée, milk and a fruit. Eligibility requirements, including a health assessment and income must be met, as well as being a home-bound senior 65 + who is unable to drive. This program serves the Brooklyn area. If interested, please call Kathy at (216) 635-4222.

# **Ongoing Services**

### **EXERCISE PROGRAMS**

Tai Chi with Rose Verdino Monday at 11:00 a.m.

Walkers Program

Tuesday & Thursday at 8:00 a.m.

<u>Senior Cardio Class with Sandy</u> Tuesday & Thursday at 9:00—10:00 a.m.

Chair Yoga with Sandy

Monday & Wednesday 9:00—10:00

**Ladies Bocce Ball** 

Wednesday starts at 9:00 a.m.

Men's Bocce Ball

Thursday starts at 10:30 a.m.

Wii Bowling

Friday starts at 9:00 a.m.

### **ARTS & CRAFTS PROGRAMS**

fees may apply

**Ceramics** 

Monday & Tuesday at 9:00 a.m.

Quilt & Sew

Wednesday at 9:30 a.m.

Craft Class

Thursday at 9:00 a.m.

**Water Color Painting** 

Every Other Thursday, call center for schedule

### **GET TOGETHER**

Bingo - Tuesday at Noon—Everyone Welcome

Ladies Poker - Wed. at 12:30 p.m.

Ping Pong - Wed. & Fri. mornings

Mexican Train Dominoes - Wed 12:30 p.m.

Canasta - Thurs. 1:00p.m.

Billiards - anytime

## **Health and Welfare Programs**

# **Blood Pressure Screenings**

\*\*Emergency Calls Take Priority\*\*

**Brooklyn Paramedics** 

2nd and 4th Thursday from 10:00 - 11:00 a.m.

<u>University Hospital—Parma</u> 1st Thursday from 10:00 - 11:00 a.m.

# Free Hearing Test

By Lee Anne Christner, Inc. 2nd Tuesday from 10:00 a.m. to Noon Jan 9th and Feb 13th

By appointment only-call Senior Center

For a small fee Lee Anne will clean, repair, adjust, & replace batteries in your hearing aids

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### **Post Office on Wheels**

- Purchase stamps, money orders, & package supplies
- Mail letters and packages first class, priority, express, certified, insured & registered mail

First Thurs. of Month, Jan. 4th 2018 at 11:40 a.m.—noon and Feb 1st 2018 at 11:40 a.m. to noon

### **VOLUNTEERS ALWAYS NEEDED**

If you are interested in volunteering both at the center or for meals on wheels, please contact Karen or Kathy

At the Senior Center (216) 635-4222

# January 2018

Mon	Tue	Wed	Thu	Fri
1 9:00 Chair Yoga 9:00 Ceramics 11:00 Tai Chi 12:30 Cards	2 8:00 Walker Prog. 9:00 Senior Cardio Class 9:00 Ceramics 11:00 Soup n Sandwich 12:00 BINGO	9:00 Ladies Bocce 9:00 Chair Yoga 9:30 Quilt & Sew 12:30 Ladies Poker 1:00 Mexican Train	4 8:00 Walkers Prog. 9:00 Senior Cardio Class 9:00 Craft Class 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta	<b>5</b> 9:00 Wii Bowling
9:00 Chair Yoga 9:00 Ceramics 11:00 Tai Chi 12:30 Cards	9 8:00 Walker Prog. 9:00 Senior Cardio Class 9::00 Ceramics 11:00 Soup n Sandwich 12:00 BINGO	9:00 Ladies Bocce 9:00 Chair Yoga 9:30 Quilt & Sew 12:30 Ladies Poker 1:00 Mexican Train	11 8:00 Walkers Prog. 9:00 Senior Cardio Class 9:00 Craft Class 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta	12 9:00 Wii Bowling
15 Center Closed MLK Day	8:00 Walkers Prog 9:00 Senior Cardio Class 9::00 Ceramics 11:00 SOUP N SANDWICH 12:00 BINGO	9:00 Ladies Bocce 9:00 Chair Yoga 9:30 Quilt & Sew 12:30 Ladies Poker 1:00 Mexican Train	18 8:00 Walkers Prog. 9:00 Senior Cardio Class 9:00 Craft Class 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta	9:00 Wii Bowling
9:00 Chair Yoga 9:00 Ceramics 11:00 Tai Chi 12:30 Cards	8:00 Walkers Prog. 9:00 Senior Cardio Class 9:00 Ceramics 11:00 Soup n Sandwich 12:00 BINGO	9:00 Ladies Bocce 9:00 Chair Yoga 9:30 Quilt & Sew 12:30 Ladies Poker 1:00 Mexican Train	9:00 Senior Cardio Class 9:00 Craft Class 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta	<b>26</b> 9:00 Wii Bowling
9:00 Chair Yoga 9:00 Ceramics 11:00 Tai Chi 12:30 Cards	8:00 Walkers Prog 9:00 Senior Cardio Class 9:00 Ceramics 11:00 Soup n Sandwich 12:00 BINGO	9:00 Ladies Bocce 9:00 Chair Yoga 9:30 Quilt & Sew 12:30 Ladies Poker 1:00 Mexican Train		

# February 2018

Mon	Tue	Wed	Thu	Fri
Brooklyn Senior Center			8:00 Walkers Prog. 9:00 Craft Class 9:00 Senior Cardio Class 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta	2 9:00 Wii Bowling
9:00 Chair Yoga 9:00 Ceramics 11:00 Tai Chi 12:30 Cards	6 8:00 Walkers Prog. 9:00 Senior Cardio Class 9:00 Ceramics 11:00 Soup n Sandwich 12:00 BINGO	9:00 Chair Yoga 9:00 Ladies Bocce 9:30 Quilt & Sew 12:00 Ladies Poker 1:00 Mex. Train Dom	8 8:00 Walkers Prog. 9:00 Senior Cardio Class 9:00 Craft Class 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta 1:30 Water Color Class	9 9:00 Wii Bowling
9:00 Chair Yoga 9:00 Ceramics 11:00 Tai Chi 12:30 Cards	9:00 Senior Cardio Class 9:00 Ceramics 11:00 Soup n Sandwich 12:00 BINGO	9:00 Chair Yoga 9:00 Ladies Bocce 9:30 Quilt & Sew 12:00 Ladies Poker 1:00 Mex. Train Dom	9:00 Senior Cardio Class 9:00 Craft Class 9:00 Craft Class 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta	9:00 am Wii Bowling 11:30 am Pizza and Movie
19 Center Closed Presidents Day	8:00am Walkers Prog 9:00 Senior Cardio Class 9:00 Ceramics 11:00 Soup n Sandwich 12:00 BINGO	9:00 Chair Yoga 9:00 Ladies Bocce 9:30 Quilt & Sew 12:00 Ladies Poker 1:00 Mex. Train Dom	8:00 Walkers Prog. 9:00 Craft Class 9:00 Senior Cardio Class 10:30 Men's Bocce 11:30 Luncheon 1:00 Canasta	9:00 Wii Bowling
<b>26</b> 9:00 Chair Yoga 9:00 Ceramics 11:00 Tai Chi 12:30 Cards	<b>27</b> 8:00 Walkers Prog. 9:00 Senior Cardio Class 9:00 Ceramics 11:00 Soup n Sandwich 12:00 BINGO	9:00 Chair Yoga 9:00 Ladies Bocce 9:30 Quilt & Sew 12:00 Ladies Poker 1:00 Mex. Train Dom		

# <u>Come and have lunch and hear our very knowledgeable speakers</u> <u>Thursday Luncheons - Please buy your tickets in advance</u>

Every Thursday Lunch is served at the Brooklyn Senior Center at 11:30 am. The cost is \$6.00. Tickets must be purchased no later than the Friday before the luncheon date. Pick up of Take Outs is not until 12:30 p.m. Please let us know of your take out prior to the luncheon. No Refunds.

# **Menus for January**

Jan. 4, 2018—Happy New Year Pizza Party w/Salad and Dessert

Jan. 11, 2018— Baked Beer Battered Fish <u>OR</u> Pierogies, Cole Slaw, Green Beans & Dessert

Jan. 18, 2018—Swiss Steak, Mashed Potatoes, Veggies, Roll, Salad & Dessert

Jan. 25, 2018 Chili w/Toppings, Corn Bread & Dessert

# **Menus for February**

Feb. 1, 2018—Roast Pork, Potatoes, Mixed Veggies, Salad, Roll & Dessert

Feb. 8, 2018—Mayor's State of the

**City Address:** Chicken Salad on Croissant, Fruit Salad, Chips & Dessert

Feb. 15, 2018—Chicken, Broccoli Rice Casserole, Roll, Salad & Dessert

Feb. 22, 2018 Stuffed Cabbage, Mashed

Potatoes, Salad, Roll & Dessert

# Tuesday Soup & Sandwich (\$3.50) - Before BINGO

## Jan. Soup & Sandwich

Jan. 2, 2018 - Broccoli Soup w 1/2

**Turkey Sandwich** 

Jan. 9, 2018 - BLT w/Chips

Jan. 16, 2018—Tomato Soup w/Grilled Cheese

Jan. 23, 2018 - Sloppy Joe w/Chips & a pickle

Jan. 30, 2018 - Chicken Pot Pie Soup w/crackers

## Feb. Soup & Sandwich

Feb. 6, 2018 - Chicken Patty Sandwich

Feb. 13, 2018 - Vegetable Soup w/Garlic Bread

Feb. 20, 2018 - Open Face Hot Turkey Sandwich w/Apple Sauce

Feb. 27, 2018 - Tortilla Soup w/Toppings

### **COUNCIL MEETINGS**

### November 27, 2017

- Approved a \$2,500 grant from Wal-Mart for the Police Department's Shop with a Cop program.
- Passed a resolution requesting the County Fiscal Officer advance taxes from the proceeds of the 2017 tax levies pursuant to O.R.C. 321.34.
- Amended Section 182.02 of Chapter 182 of the Codified Ordinances to change how lottery proceedings are taxed. This was requested by the Regional Income Tax Authority to be in compliance State changes.
- Established fees for Private Learn to Swim Classes for the Brooklyn Recreation Center. Resident rates ranges between \$15 to \$30 per half hour.

### **December 11, 2017**

- Honored Mike Bunaisky as Citizen of the Year, Cindy Simko as Employee of the year and recognized the STM 5<sup>th</sup> and 6<sup>th</sup> grade football type for winning the CYO championship.
- Authorized a contract renewal with Smith and Obey for HVAC for 2018. This a total price of \$47,750 which is the same price as 2016.
- Authorized inter-fund transfers and advances for 2017.
- Passed the 2018 Annual Appropriations for \$25,025,223. This includes the following capital items: Finance Software upgrade, 2 patrol vehicles, 50 portable police radios, payroll software for the Police Department, paining the indoor pool, replacing the pool boilers and filters, a v-box spreader, a roof on the lower park pavilion, garbage cans in the park, a salt truck, a hustler, a mini excavator, the engineering to replace the ridge road slope near Best Buy, and the street reconstruction for Orchard, Torrance and part of Delora.

### **BUS TRANSPORTATION**

Bus runs from 8:30 a.m.—3:00 p.m. Monday—Friday

Reservations required—call Center at least 1 business day in advance: 216-635-4222

Mon. - Medical appointments

Tues. - Medical appointments, Soup N Sandwich Lunch and Bingo at Center

*Wed. - 10:30* Shopping in Brooklyn only

Thurs. - Shopping and lunch at the Center 9:30 a.m and 10:30 Ridge Park Square & Biddulph Plaza 10:30 a.m.— Pick up for lunch at the Senior Center

Fri. - Medical Appointments in Brooklyn Only, Banking, Hair appointments, Shopping at Wal-Mart & Aldi's

**Donation**: \$1.00 each way absolutely **no tipping** 

**In case of emergency,** bad weather, or you need **medication** or basic food, we can help. Call Senior Center.

## Condolences

Our Sympathy goes out to all who have Lost Loved Ones in the past months.

May They Rest in Peace

Ed Ahern

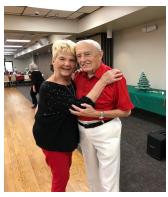
**Corinne Hughes** 

Henry Kondziela

Ann Martinka

# **In and Around the Center**











# **Chico's Casino Trips**

NO CASINO TRIPS in JAN. or FEB. Trips will resume in MARCH Call Chico for more Information at: (216) 551-7561



Get Well Wishes go out to so many battling the cold and flu this season!
Remember to get plenty of rest, wash your hands frequently, and drink lots of fluids!

### **Volunteer Appreciation**

Thanks to all the many Wonderful Volunteers who clocked more than hours in the months of October and November were 768

Please, remember to sign the Volunteer Book so we can keep track of your hours.

Page 11

City of Brooklyn Mayor Katherine Gallagher 7727 Memphis Avenue Brooklyn, OH 44144-2197

Return Service Requested

PRSRT STD U.S. POSTAGE P A I D Cleveland, OH Permit No. 141

DATED MATERIAL
DO NOT DELAY
MAILED: 12/29/17

### <u>Life Line Screening—Mon. Jan 22, 2018</u>

Life Line Screening, a leading provider of community -based preventive health screenings, is pleased to offer a preventive health event at Brooklyn Senior Center on 1/22/2018. Five screenings will be offered that scan for potential health problems related to: blocked arteries which is a leading cause of stroke; abdominal aortic aneurysms which can lead to a ruptured aorta; hardening of the arteries in the legs which is a strong predictor of heart disease; atrial fibrillation or irregular heart beat which is closely tied to stroke risk; and a bone density screening, for men and women, used to assess the risk of osteoporosis. Register for a Wellness Package which includes 4 vascular tests and osteoporosis screening from \$149 (\$139 with our member discount). All five screenings take 60-90 minutes to complete. There are three ways to register for this event and to receive a \$10 discount off any package priced above \$129—to Schedule Please call Life Line toll-free at: 1-888-653-6441 or visit http:// lifelinescreening.com/communitycircle or text the word circle to 797979

## **SNOW DAYS**

Remember if the Brooklyn City Schools are closed due to inclement weather the Senior Center building will be closed and all activities cancelled. Only Staff will report to work.

